

Validasi WHOQOL-BREF Versi Indonesia untuk Asesmen Kualitas Hidup Lansia di Panti Werdha Jakarta

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Abstrak

Latar belakang: Indonesia menuju aging society (>10% lansia 2030). WHOQOL-BREF instrumen QoL standar WHO yang perlu validasi konteks lansia panti werdha Indonesia. Tujuan: menguji properti psikometri (validitas, reliabilitas, sensitivitas) WHOQOL-BREF Indonesia pada lansia di panti werdha Jakarta. Metode: Cross-sectional 6 bulan pada 240 lansia di 6 panti werdha Jakarta (PSTW Budi Mulia 1-4, Karya Bakti, Tresna Werdha). Instrumen: WHOQOL-BREF-Indonesia (26 item, 4 domain). Analisis: Confirmatory Factor Analysis (CFA), Cronbach alpha, test-retest reliability, known-groups validity (lansia sehat vs sakit kronis). Hasil: CFA mengonfirmasi struktur 4 faktor sesuai original (CFI=0,93, RMSEA=0,06). Cronbach alpha total 0,87 (domain physical 0,82, psychological 0,79, social 0,76, environment 0,81). Test-retest $r=0,91$. Known-groups: lansia sehat skor signifikan lebih tinggi (p

Kata kunci: WHOQOL-BREF, kualitas hidup lansia, validasi instrumen, panti

Abstract (English)

Validation of Indonesian WHOQOL-BREF for Quality of Life Assessment of Elderly in Jakarta Nursing Homes

Background: Indonesia heading aging society (>10% elderly by 2030). WHOQOL-BREF is WHO standard QoL instrument needing validation in Indonesian nursing home elderly context. Objective: To test psychometric properties (validity, reliability, sensitivity) of Indonesian WHOQOL-BREF on Jakarta nursing home elderly. Methods: Cross-sectional 6 months on 240 elderly at 6 Jakarta nursing homes. Instrument: WHOQOL-BREF-Indonesia (26 items, 4 domains). Analysis: CFA, Cronbach alpha, test-retest reliability, known-groups validity. Results: CFA confirmed 4-factor structure (CFI=0.93, RMSEA=0.06). Total Cronbach alpha 0.87. Test-retest $r=0.91$. Known-groups: healthy elderly significantly higher score (p

1 Pendahuluan

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2 Sitasi

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